

Junior Grades (Gr. 3 - 5)					
	Monday	Tuesday	Wednesday	Thursday	Friday
8:30	Academic Time with Homeroom and/or Specialist Teacher (90 min)				
10:00	Wellness Break (30 min)				
10:30	Academic Time with Homeroom and/or Specialist Teacher (90 min)				
12:00	Lunch (45 min)				
	Wellness Break (30 min)				
1:15	Academic Time with Homeroom and/or Specialist Teacher (45 min)				
2:00	Extra Help & Homework Support with	2:15 - 3:00 Virtual Fitness Class	Extra Help & Homework Support with	2:15 - 3:00 Virtual Fitness Class	Extra Help & Homework Support with
3:00	End of Day				